

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 Memory Care Activities Calendar						
9:00 AM: Seated Exercise 4 9:30 AM: Morning Meeting 10:30 AM: Bags 1:00 PM: Coloring 2:30 PM: Snack 3:30 PM: Story Telling—Halloween Costumes	9:30 AM: Walking Club 5 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Book Club 1:30 PM: Manicures 2:30 PM: Snack 3:00 PM: Picture This 6:00 PM: Movie	9:30 AM: Walking Club 6 10:00 AM: Morning Meeting 10:30 AM: Tom Luton Performing (MP Room) 11:00 AM: Coffee & Donuts 1:00 PM: Bingo 2:30 PM: Snack 3:00 PM: Rob Dahms Performing – MP Room 4:00 PM: Sing-along 6:00 PM: Movie	9:30 AM: Walking Club 7 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Snack Club 2:00 PM: Ring Toss 2:30 PM: Snack 4:00 PM: Connect Four 6:00 PM: Movie	9:30 AM: Walking Club 8 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Watercolor Painting 1:30 PM: Bible Study with Pastor Kris 2:00 PM: Spotlight Activity with Sarah 2:30 PM: Ice Cream Social 3:30 PM: Jenga 6:00 PM: Listen to Oldies/Sing-Along	9:30 AM: Walking Club 9 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Bingo 12:45 PM: Bible Study 2:30 PM: Snack 3:30 PM: Bags 6:00 PM: Conversation Cards	9:00 AM: Seated Exercise 3 9:30 AM: Morning Meeting 10:30 AM: Fall Trivia 1:00 PM: Balloon Volleyball 2:30 PM: Snack 3:30 PM: Ping Pong 6:00 PM: Movie Simchat Torah Begins
9:00 AM: Seated Exercise 11 9:30 AM: Morning Meeting 10:30 AM: Bags 1:00 PM: Coloring 2:30 PM: Snack 3:30 PM: Story Telling— Fall Baked Goods 6:00 PM: Sing-A-Long	9:30 AM: Walking Club 12 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Book Club 2:30 PM: Snack 3:30 PM: White board games 6:00 PM: Movie Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	9:30 AM: Walking Club 13 10:00 AM: Morning Meeting 10:30 AM: Tom Luton Performing (MP Room) 11:00 AM: Coffee & Donuts 1:00 PM: Bingo 2:30 PM: Snack 3:00 PM: Happy Hour 4:00 PM: Matching Cards 6:00 PM: Word Puzzles	9:30 AM: Walking Club 14 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Snack Club 2:00 PM: Craft 2:30 PM: Snack 4:00 PM: Trouble 6:00 PM: Movie	9:30 AM: Walking Club 15 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Watercolor Painting 2:00 PM: Spotlight Activity with Sarah 2:30 PM: Ice Cream Social 3:30 PM: Halloween Rhyme Time 6:00 PM: Conversation Cards	9:30 AM: Walking Club 16 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Bingo 12:45 PM: Bible Study 2:30 PM: Snack 3:30 PM: Balloon Volleyball 6:00 PM: Puzzles	9:00 AM: Seated Exercise 17 9:30 AM: Morning Meeting 10:30 AM: Oktoberfest Trivia 1:00 PM: Balloon Volleyball 2:00 PM: Ping Pong 2:30 PM: Snack 3:30 PM: Book Illustration Matching Game 6:00 PM: Movie
9:00 AM: Seated Exercise 18 9:30 AM: Morning Meeting 10:30 AM: Bags 1:00 PM: Coloring 2:30 PM: Snack 3:30 PM: Story Telling— Ghost Stories 6:00 PM: Sing-A-Long	9:30 AM: Walking Club 19 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Book Club 2:30 PM: Snack 3:30 PM: Bean Bag Golf Game 6:00 PM: Movie	9:30 AM: Walking Club 20 10:00 AM: Morning Meeting 10:30 AM: Tom Luton Performing (MP Room) 11:00 AM: Coffee & Donuts 1:00 PM: Bingo 2:30 PM: Snack 3:00 PM: Halloween Musical Performance by The Wiersons – MP Room 4:00 PM: Short Story 6:00 PM: Word Puzzles	9:30 AM: Walking Club 21 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Snack Club 2:00 PM: This or That Game? 3:30 PM: Connect Four 6:00 PM: Movie	9:30 AM: Walking Club 22 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Watercolor Painting 2:00 PM: Spotlight Activity with Sarah 2:30 PM: Ice Cream Social 3:30 PM: Connect Four 6:00 PM: Movie	9:30 AM: Walking Club 23 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Bingo 12:45 PM: Bible Study 2:30 PM: Snack 3:30 PM: Basketball 6:00 PM: Conversation	9:00 AM: Seated Exercise 24 9:30 AM: Morning Meeting 10:30 AM: Card Game 1:00 PM: Music Therapy with Laura Group 1 2:00 PM: Music Therapy with Laura Group 2 2:30 PM: Snack 3:30 PM: Who, What, Where am I?
9:00 AM: Seated Exercise 25 9:30 AM: Morning Meeting 10:30 AM: Bags 1:00 PM: Coloring 2:30 PM: Snack 3:30 PM: Story Telling— Fall Festivals 6:00 PM: Sing-A-Long	9:30 AM: Walking Club 26 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Book Club 2:30 PM: Snack 3:30 PM: Whiteboard Games 6:00 PM: Sing-A-Long	9:30 AM: Walking Club 27 10:00 AM: Morning Meeting 10:30 AM: Tom Luton Performing (MP Room) 11:00 AM: Coffee & Donuts 1:00 PM: Bingo 2:30 PM: Snack 3:00 PM: Happy Hour 4:00 PM: QCCAN Therapy Dog Visit 4:30 PM: Happy Hour 6:00 PM: Puzzles	9:30 AM: Walking Club 28 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Snack Club 2:00 PM: Craft 3:30 PM: Connect Four 6:00 PM: Movie	9:30 AM: Walking Club 29 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Watercolor Painting 2:00 PM: Spotlight Activity with Sarah 2:30 PM: Ice Cream Social 3:30 PM: Magnetic Darts 6:00 PM: Listen to Oldies/Sing-Along	9:30 AM: Walking Club 30 10:00 AM: Morning Meeting 10:30 AM: Exercise 1:00 PM: Bingo 12:45 PM: Bible Study 2:30 PM: Snack 3:30 PM: Basketball 6:00 PM: Conversation	9:00 AM: Seated Exercise 31 9:30 AM: Morning Meeting 10:30 AM: Halloween Trivia 1:00 PM: Balloon Volleyball 2:30 PM: Snack 3:30 PM: Ping Pong 6:00 PM: Movie Halloween