

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Bags <b>1:00 PM:</b> Manicures <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Basketball <b>6:00 PM:</b> Movie	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated exercise <b>10:30 AM:</b> Balloon Toss <b>11:00 AM:</b> Coffee & Donuts <b>1:00 PM:</b> 5 Second Rule Game <b>2:30 PM:</b> Snack <b>4:00 PM:</b> Happy Hour <b>6:00 PM:</b> Puzzles	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Basketball <b>1:00 PM:</b> Bingo <b>2:00 PM:</b> Golf Putting <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Cards <b>6:00 PM:</b> Movie with Ashton	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Travel Brief – Destination : Christmas in Mexico <b>1:00 PM:</b> Bags <b>2:30 PM:</b> Ice Cream Social <b>3:30 PM:</b> Name that Thing <b>6:00 PM:</b> Puzzles	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Cranium Crunchers <b>1:00 PM:</b> Bingo <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Junk Drawer Detective <b>6:00 PM:</b> Movie and Popcorn	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Card Game <b>1:00 PM:</b> Balloon Toss <b>2:00 PM:</b> Music Therapy with Laura <b>3:00 PM:</b> Snack <b>3:30 PM:</b> Ring Toss <b>6:00 PM:</b> Movie	
<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Bags <b>1:00 PM:</b> <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Story Telling—Decking the Tree <b>6:00 PM:</b> Listen to oldies/ Sing-A-Long	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> <b>1:00 PM:</b> Manicures <b>2:30 PM:</b> Snack <b>3:00 PM:</b> Karaoke/ Listen to Oldies <b>6:00 PM:</b> Movie	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated exercise <b>10:30 AM:</b> Balloon Volleyball <b>11:00 AM:</b> Coffee & Donuts <b>1:00 PM:</b> December Stitch Up <b>2:30 PM:</b> Snack <b>3:00 PM:</b> Brain Teasers <b>4:00 PM:</b> Happy Hour <b>6:00 PM:</b> Word Puzzles	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Give Me Five Game <b>1:00 PM:</b> Bingo <b>2:00 PM:</b> Ring Toss <b>2:30 PM:</b> Snack <b>4:00 PM:</b> Christmas Word Games <b>6:00 PM:</b> Movie with Ashton	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:45 AM:</b> St. Paul Catholic Communion Service (MP Room) <b>1:30 PM:</b> Bible Study with Pastor Kris <b>2:30 PM:</b> Ice Cream Social <b>3:30 PM:</b> Magnetic Darts <b>6:00 PM:</b> Listen to Oldies/Sing-A-Long	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Coloring Club <b>1:00 PM:</b> Bingo <b>2:00 PM:</b> Bible Study <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Basketball <b>6:00 PM:</b> Conversation Cards	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Remembering Santa Pictures and Chat <b>1:00 PM:</b> Balloon Volleyball <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Who, What, Where <b>6:00 PM:</b> Movie	
<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Bags <b>1:00 PM:</b> Coloring <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Story Telling—Stuffing the Stockings <b>6:00 PM:</b> Sing-A-Long  Hanukkah Begins	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Peg Board Game <b>1:00 PM:</b> Manicures <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Bean Bag Golf Game <b>6:00 PM:</b> Movie	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated exercise <b>10:30 AM:</b> Balloon Volleyball <b>11:00 AM:</b> Coffee & Donuts <b>1:00 PM:</b> December Pair Up <b>2:30 PM:</b> Snack <b>3:00 PM:</b> Card Games <b>4:00 PM:</b> Happy Hour <b>6:00 PM:</b> Puzzles	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Basket Toss Game <b>1:00 PM:</b> Bingo <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Christmas Hangman <b>6:00 PM:</b> Movie with Ashton	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Bags <b>1:00 PM:</b> Bingo <b>2:00 PM:</b> Spotlight Activity with Sarah <b>2:30 PM:</b> Ice Cream Social <b>3:30 PM:</b> Name That Thing <b>6:00 PM:</b> Conversation Cards	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Coloring Club <b>1:00 PM:</b> Christmas Bingo <b>2:00 PM:</b> Bible Study <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Reindeer Racing Game <b>6:00 PM:</b> Puzzles	<b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Card Game <b>1:00 PM:</b> Bags <b>2:00 PM:</b> Music Therapy with Laura <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Short Story <b>6:00 PM:</b> Trivia	
<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Bags <b>1:00 PM:</b> Coloring <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Story Telling— Holiday Lights <b>6:00 PM:</b> Sing-A-Long  Winter Begins	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:45 AM:</b> St. Paul Lutheran Communion Service (MP Room) <b>1:00 PM:</b> Manicures <b>2:00- 4:00 PM:</b> Christmas Open House with Music by Oscar Stricklin <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Finish the Saying <b>6:00 PM:</b> Movie	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated exercise <b>10:30 AM:</b> Balloon Toss <b>11:00 AM:</b> Coffee & Donuts <b>1:00 PM:</b> Connect Four <b>2:30 PM:</b> Snack <b>4:00 PM:</b> QCCAN Therapy Dog Visit <b>4:15 PM:</b> Happy Hour <b>6:00 PM:</b> Puzzles	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated exercise <b>10:30 AM:</b> Balloon Volleyball <b>11:00 AM:</b> Star of the Month—Anthony Hopkins <b>1:00 PM:</b> Bingo <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Bingo <b>4:00 PM:</b> Happy Hour <b>6:00 PM:</b> Movie with Ashton	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Christmas Trivia <b>1:00 PM:</b> Sing-a-long Christmas Carols <b>2:30 PM:</b> Snack <b>3:30 PM:</b> December Can you Picture This? <b>6:00 PM:</b> Christmas Movie  Christmas	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Coloring Club <b>1:00 PM:</b> Bingo <b>2:00 PM:</b> Bible Study <b>2:30 PM:</b> Snack <b>3:30 PM:</b> UNO <b>6:00 PM:</b> Listen to Oldies/ Sing-A-Long  Boxing Day (Canada) Kwanzaa Begins	<b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Card Game <b>1:00 PM:</b> Bags <b>2:00 PM:</b> Categories Game <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Short Story <b>6:00 PM:</b> Trivia	
<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Bags <b>1:00 PM:</b> Who, What, Where <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Story Telling—Winter Adventures <b>6:00 PM:</b> Listen to oldies/ Sing-A- Long	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Peg Board Game <b>1:00 PM:</b> Manicures <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Bean Bag Golf Game <b>6:00 PM:</b> Movie	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated exercise <b>10:30 AM:</b> Balloon Volleyball <b>11:00 AM:</b> Coffee & Donuts <b>1:00 PM:</b> Ruthless Rhymes <b>2:30 PM:</b> Snack <b>3:00 PM:</b> Would you Rather Winter Edition <b>4:00 PM:</b> Happy Hour <b>6:00 PM:</b> Word Puzzles	<b>9:00 AM:</b> Morning Meeting <b>9:30 AM:</b> Seated Exercise <b>10:30 AM:</b> Basket Toss Game <b>1:00 PM:</b> Trivia Flash Cards <b>2:00 PM:</b> Golf Putting <b>2:30 PM:</b> Snack <b>3:30 PM:</b> Cards <b>6:00 PM:</b> Movie with Ashton  New Year's Eve	 <h1>December</h1> <h2>2025</h2> <h3>Memory Care Activity Calendar</h3>			